

ACHIEVING SKILL COMPETENCY

Name _____ Date _____

INSTRUCT PATIENT TO COLLECT A STOOL SPECIMEN

OBJECTIVE:

Demonstrate the steps required in the procedure for instructing a patient in the collection of an adequate stool specimen for laboratory analysis.

EVALUATOR: Place a check mark in the space following each step performed satisfactorily.

| PROCEDURE STEP | PERFORMED | COMMENTS |
|---|-----------|----------|
| 1. Assembled items next to patient. | | |
| 2. Identified patient. | | |
| 3. Explained physician's orders. | | |
| 4. Gave printed or written instructions. | | |
| 5. Wrote information on specimen cups and lab request form. | | |
| 6. Instructed patient to: | | |
| a. Obtain a small amount of stool from next bowel movement. | | |
| b. Place specimen in container. | | |
| c. Secure cup with cover. | | |
| d. Write date and time of specimen on label. | | |
| e. Write time and date on request form and attach request form to specimen container. | | |
| f. Take to lab or medical office as soon as possible. | | |
| g. Refrigerate specimen if cannot take to lab or medical office within 2 hours. | | |
| 7. Explained when report would be ready. | | |

| PROCEDURE STEP | PERFORMED | COMMENTS |
|--|-----------|----------|
| 8. Recorded instructions given on patient's chart. | | |
| a. Initialed recording. | | |

Evaluator Signature _____

DOCUMENTATION:

Chart the procedure in the patient's medical record.

Date: _____

Charting:

Student's Initials: _____