

## ACHIEVING SKILL COMPETENCY

Name \_\_\_\_\_ Date \_\_\_\_\_

### INSTRUCT PATIENT TO COLLECT SPUTUM SPECIMEN

**OBJECTIVE:**

Demonstrate all steps required in the procedure for instructing a patient in the collection of a sputum specimen for analysis.

EVALUATOR: Place a check mark in the space following each step performed satisfactorily.

PROCEDURE STEP	PERFORMED	COMMENTS
1. Assembled all items next to patient.		
2. Wrote patient's name on specimen cup label.		
3. Completed lab request form.		
4. Explained physician orders to patient.		
a. Wrote instructions/gave printed instructions to patient.		
5. Instructed patient to:		
a. Expel only those secretions of first morning coughing episode into center of cup.		
b. Fill cup one-half full.		
c. Seal with cover.		
d. Write time and date on label and request form.		
e. Take to lab/medical office as soon as possible.		
f. Secure lab request form to specimen container with tape or rubber band.		
g. Refrigerate if cannot be taken to lab/medical office within 2 hours.		