

ACHIEVING SKILL COMPETENCY

Name _____ Date _____

APPLY ELASTIC BANDAGE

OBJECTIVE:

Demonstrate all steps required to apply an elastic bandage.

EVALUATOR: Place a check mark in the space following each step performed satisfactorily.

PROCEDURE STEP	PERFORMED	COMMENTS
1. Identified patient.		
2. Washed hands.		
3. Assembled equipment.		
4. Explained procedure to patient.		
5. Assisted patient to a comfortable position.		
6. Began by applying two circular turns to secure bandage.		
7. Stretched bandage to give a secure but not too tight fit.		
8. Continuously wrapped in a circular motion toward the trunk of the body.		
a. Overlapped wrap $\frac{1}{2}$ " to $\frac{3}{4}$ ".		
9. When wrapping complete, lapped end over completely.		
a. Secured with clips.		
10. Observed patient's limb for color, sensation, and motion.		
11. Gave patient instructions.		
12. Washed hands.		
13. Recorded procedure in patient's chart.		

Evaluator Signature _____