

ACHIEVING SKILL COMPETENCY

Name _____ Date _____

APPLY ARM SLING

OBJECTIVE:

Demonstrate all steps required to apply an arm sling.

EVALUATOR: Place a check mark in the space following each step performed satisfactorily.

PROCEDURE STEP	PERFORMED	COMMENTS
1. Identified patient.		
2. Washed hands.		
3. Assembled equipment.		
4. Explained procedure to patient.		
5. Assisted patient to a comfortable position.		
6. Instructed patient to assist as able.		
7. Opened sling and placed patient's arm in support.		
8. Instructed patient to support arm.		
9. Brought straps around neck to other side of sling, attaching to sling.		
10. Adjusted strap to comfortable and supportive position.		
a. Adjusted neck cushion so that strap does not rub.		
11. Observed patient's arm for color, sensation, and motion.		
12. Gave patient instructions.		
13. Washed hands.		
14. Recorded procedure in patient's chart.		

Evaluator Signature _____